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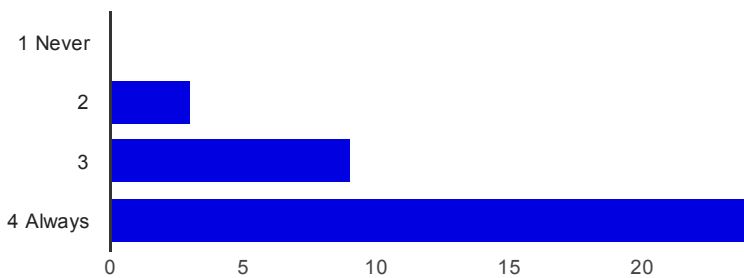
47 responses

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Summary

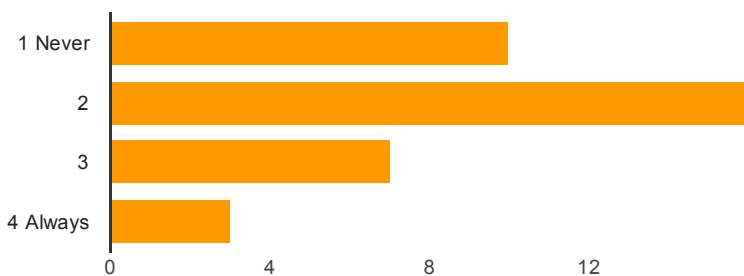
Parents Section

a) We buy food from a shop. [1. From where do you get your food?]



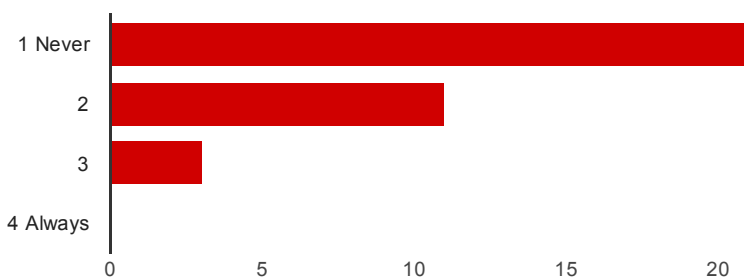
1 Never	0	0%
2	3	8.3%
3	9	25%
4 Always	24	66.7%

b) We buy food at the farmers' market. [1. From where do you get your food?]



1 Never	10	27.8%
2	16	44.4%
3	7	19.4%
4 Always	3	8.3%

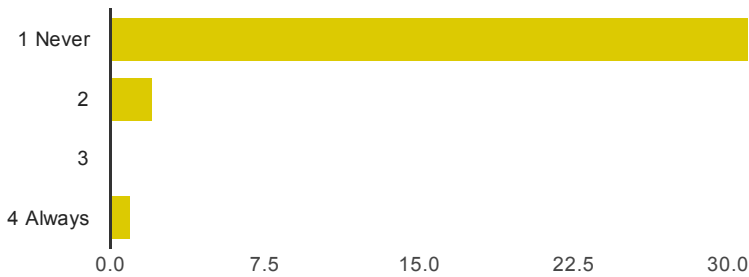
c) We buy food directly from the producer/farm [1. From where do you get your food?]



1 Never	21	60%
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2 11 31.4%
 3 3 8.6%
 4 Always 0 0%

d) We grow our own food. [1. From where do you get your food?]

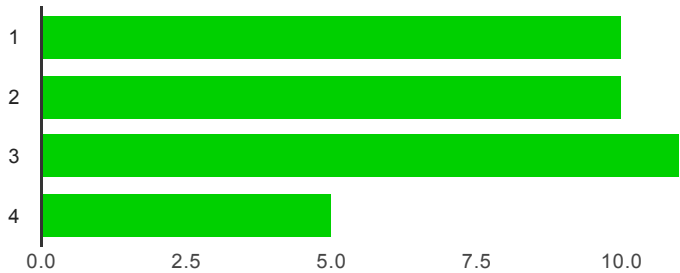


1 Never 31 91.2%
 2 2 5.9%
 3 0 0%
 4 Always 1 2.9%

2. If you've checked off that you grow your own food (1d), please specify what food you grow.

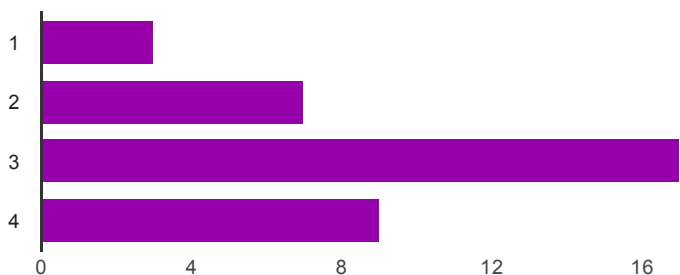
herbs
 potatoes chickens strawberries when in season

a) We take prices into account so that we pay as little as possible. [3. Based on what criteria do you decide which food to buy?]



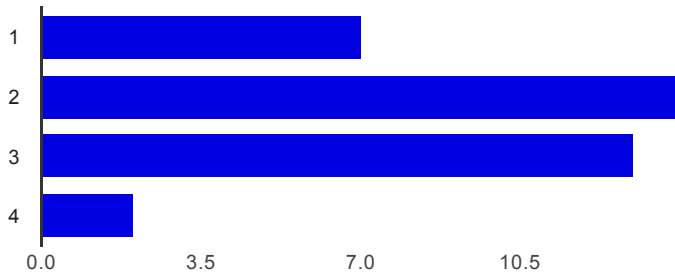
1 10 27.8%
 2 10 27.8%
 3 11 30.6%
 4 5 13.9%

b) We buy food according to what we feel like eating at the moment. [3. Based on what criteria do you decide which food to buy?]



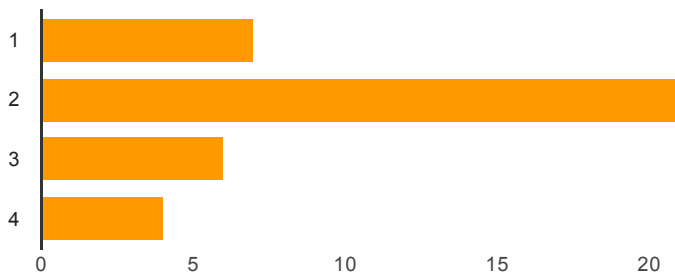
1 3 8.3%
 2 7 19.4%
 3 17 47.2%
 4 9 25%

c) I buy local food as possible (grown as close as possible to the place of sale) [3. Based on what criteria do you decide which food to buy?]



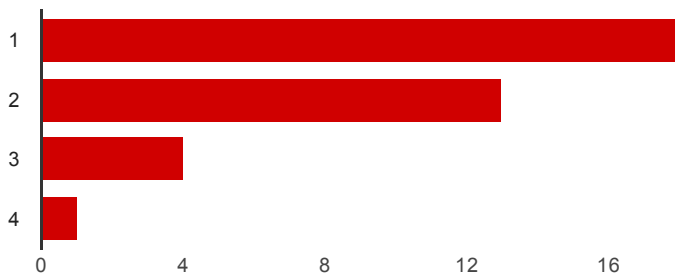
1 7 19.4%
 2 14 38.9%
 3 13 36.1%
 4 2 5.6%

d) I buy food labelled fair-trade or organic. [3. Based on what criteria do you decide which food to buy?]



1 7 18.4%
 2 21 55.3%
 3 6 15.8%
 4 4 10.5%

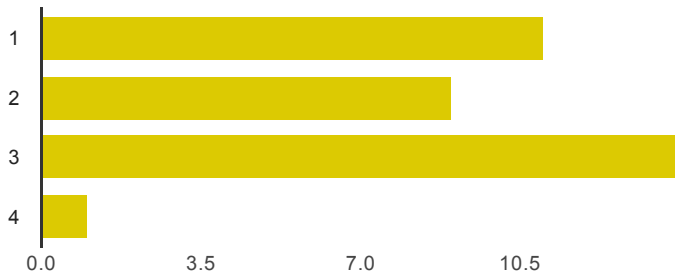
e) I buy food regardless of visual qualities (e.g. crumpled package, crooked carrots or deformed vegetables, etc.) [3. Based on what criteria do you decide which food to buy?]



1 18 50%
 2 13 36.1%
 3 4 11.1%

4 1 2.8%

f) I buy food that does not contain palm oil when available. [3. Based on what criteria do you decide which food to buy?]



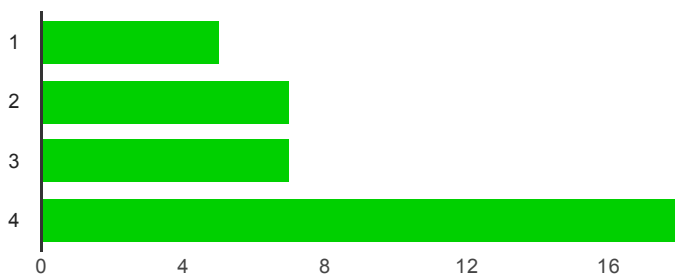
1 11 31.4%

2 9 25.7%

3 14 40%

4 1 2.9%

g) When buying fruits and vegetables I prefer those that are in season (those that are growing and ripening locally at the moment). [3. Based on what criteria do you decide which food to buy?]



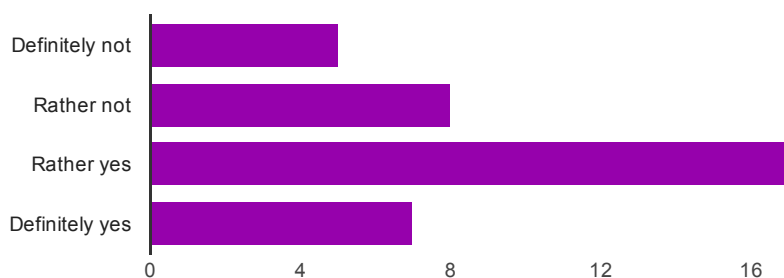
1 5 13.5%

2 7 18.9%

3 7 18.9%

4 18 48.6%

4. Do you change what you eat based on what is in season in Malta? For example, in spring you eat globe artichokes and broad beans and in autumn you cook with pumpkin, etc.



Definitely not 5 13.5%

Rather not 8 21.6%

Rather yes 17 45.9%

Definitely yes 7 18.9%

5. Based on a weekend day (Saturday/Sunday), write down 5 types of food you ate at home and list them in the categories below, according to the place from where you bought them.

Directly from a farmer you know, local producer or your own garden.

none

Strawberries

Carotts

apples, bananas, pomegrants, oranges, lettuce

vegetables

Local Producer

Eggs

potatoes,some other vegetables

:)

carrots,apples,banana,potatoes and oranges

fruit and vegetibils

salad

salad

Directly from a farmer you know

vegetables like peas, carrots and french beans

Broccoli , carrots, veal, cauliflower, cereal , oranges , coconut milk

n/a

N/A

Vegetables

Vegetables, eggs and chickens

Maltese Islands (But unknown farmer/producer)

Meat, Potatoes, Vegetables, Tomatoes

bread

Dak tal-haxix

-Finger foods, pizza, rice, imqaret,

broccoli

Maltese bread

potatoes

Malta

poatatos

Veggies

poultry(chicken)

:)

malta

Apples

Potatoes, tomatoes, bread

Fries

pizza

galleti ,milk, pastizzi ,yoghurt

milk galletti egg pastizzi yogurt

producer

chicken

potatoes,carrots,califour

n/a

N/A

Fruit

Pork, Beef soft drinks and bread

potatoes, carrots, onions, kale

Other European country

pasta

burgers

England

Pizza

meat

Malta

apples

Pasta

cheese and milk

:)

Salmon, bacon

Sarmale

bayabas

cherrys , grapes, peach

banana apple peach

Germany

bananas oranges

n/a

N/A

Skimmed Milk, cereals, marmalade, Honey, wine, sodas and chocolate

Polish Rib Eye Steak

World (write from which continent/s)

Europe

cereal

italy

chinese take out

europa

Shrimps - asia

rice

:)

Pasta

Romania

filipines

romania,romania,romania

america romania romania

USA

soy sauce from Asia

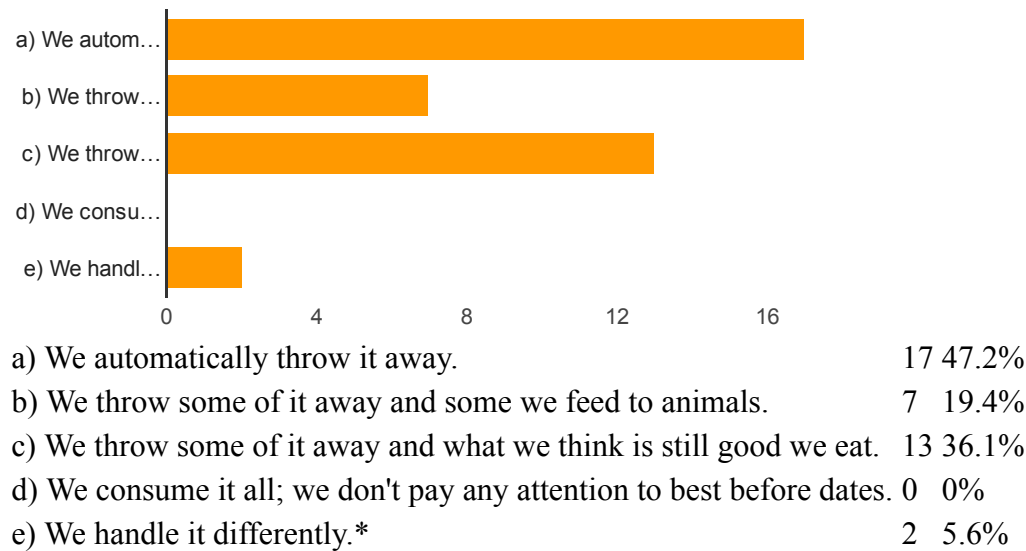
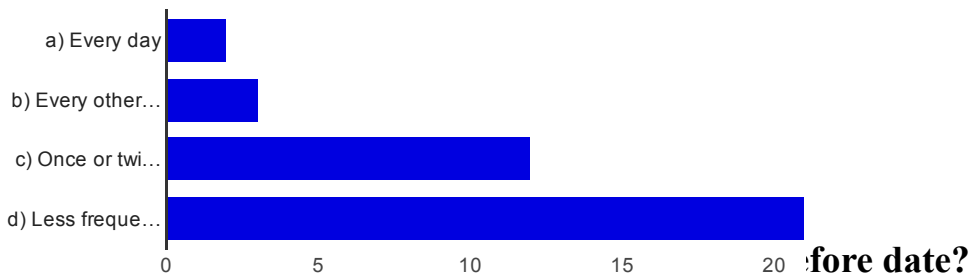
kfc

McDonalds,Burger King

Malta

Wine (Chilean)

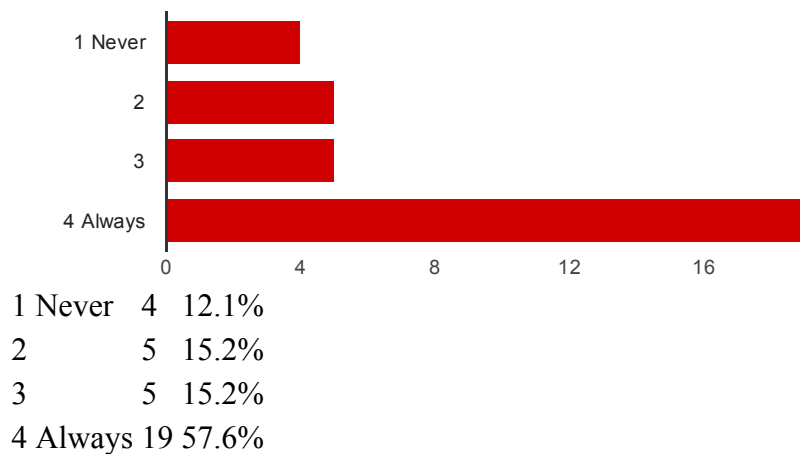
6. How often do you throw away unused food at home?



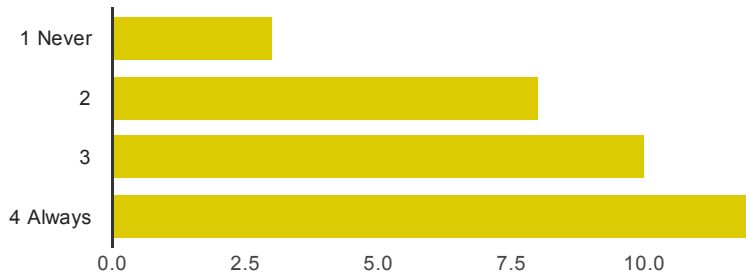
*** Please specify how you make use of it:**

We throw it away
 our dog eats some of it for lunch
 eat it
 We automatically throw it away.
 If it's expired but still good in texture and smell we still keep and eat it
 eat!!!!!!!
 N/A
 We feed it to our pets.... if its not a lot past it's expiry

a) It goes bad [8. What are the most frequent reasons for throwing away food at home?]

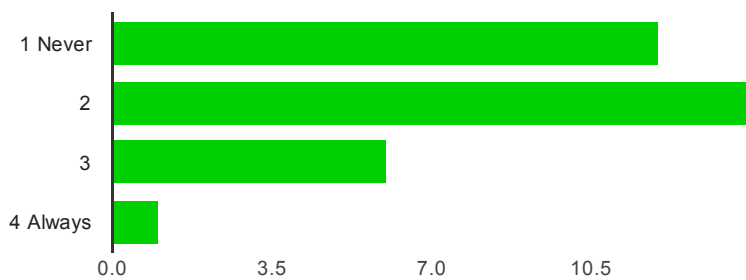


b) It goes past its best before date [8. What are the most frequent reasons for throwing away food at home?]



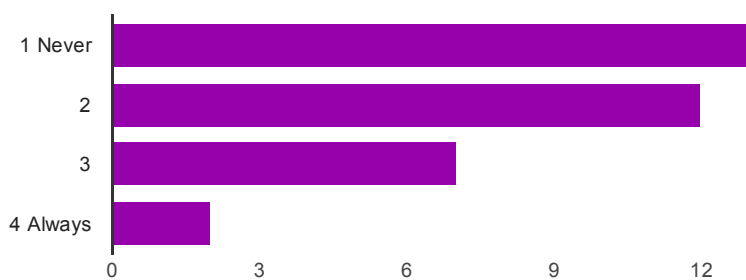
1 Never 3 9.1%
 2 8 24.2%
 3 10 30.3%
 4 Always 12 36.4%

c) We cook too much and food is left over [8. What are the most frequent reasons for throwing away food at home?]



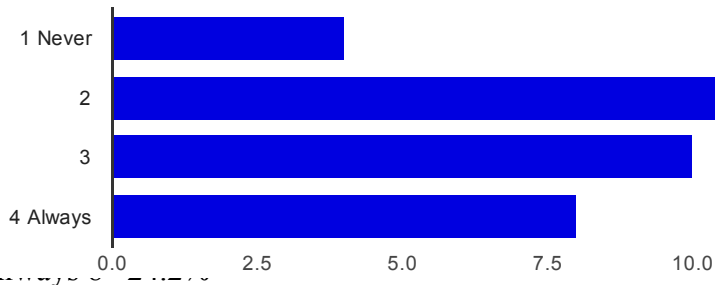
1 Never 12 36.4%
 2 14 42.4%
 3 6 18.2%
 4 Always 1 3%

d) Nobody feels like eating it anymore [8. What are the most frequent reasons for throwing away food at home?]

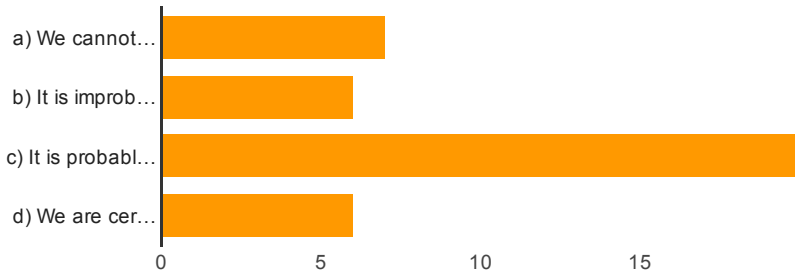


1 Never 13 38.2%
 2 12 35.3%
 3 7 20.6%
 4 Always 2 5.9%

e) There's an accident (falls on the floor, burns, etc) [8. What are the most frequent reasons for throwing away food at home?]



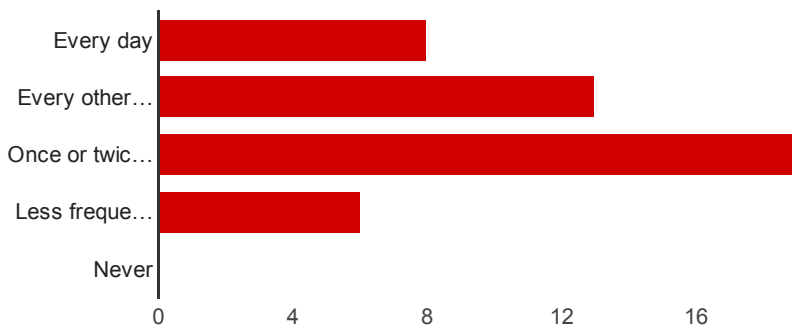
9. To what extent do you think we can influence the world by the changes in areas that this questionnaire focused on? By changes in these areas...:



a) We cannot influence the world at all.	7	19.4%
b) It is improbable that we can influence the world.	6	16.7%
c) It is probable that we can influence the world.	20	55.6%
d) We are certain that we can influence the world strongly.	6	16.7%

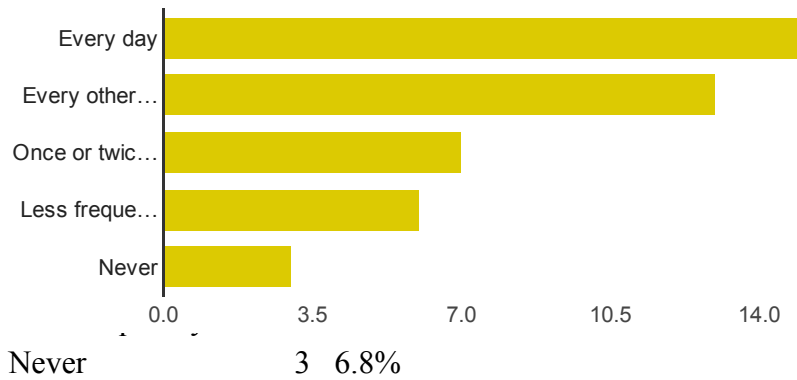
Students Section

a) Meat or meat products (including ham, bacon, hot dogs, lard, etc.) [10. How often do you eat the following at home?]

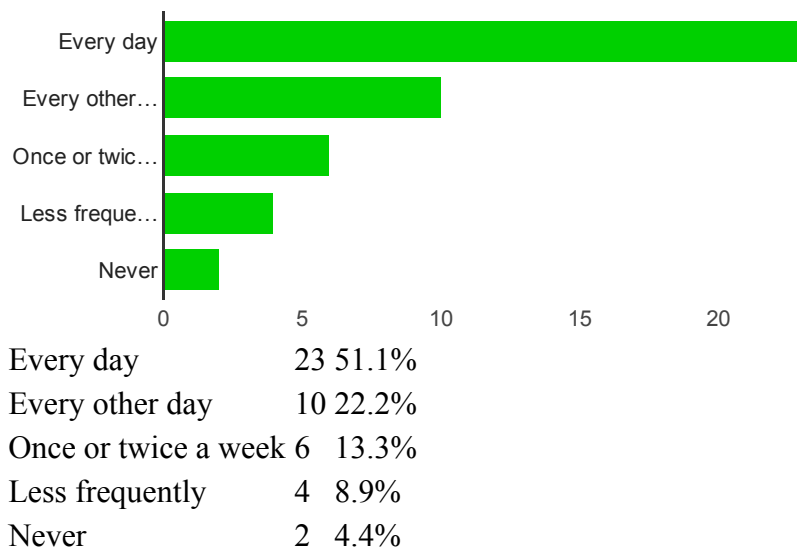


Every day	8	17.4%
Every other day	13	28.3%
Once or twice a week	19	41.3%
Less frequently	6	13%
Never	0	0%

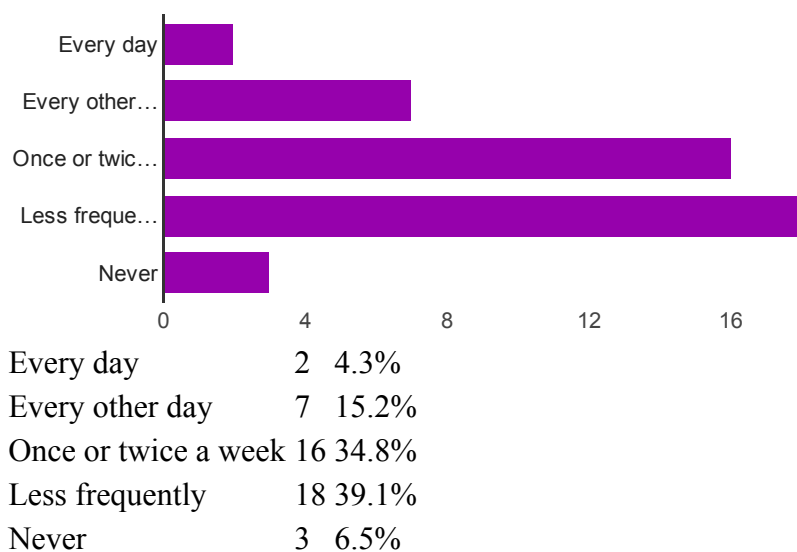
b) Vegetables [10. How often do you eat the following at home?]



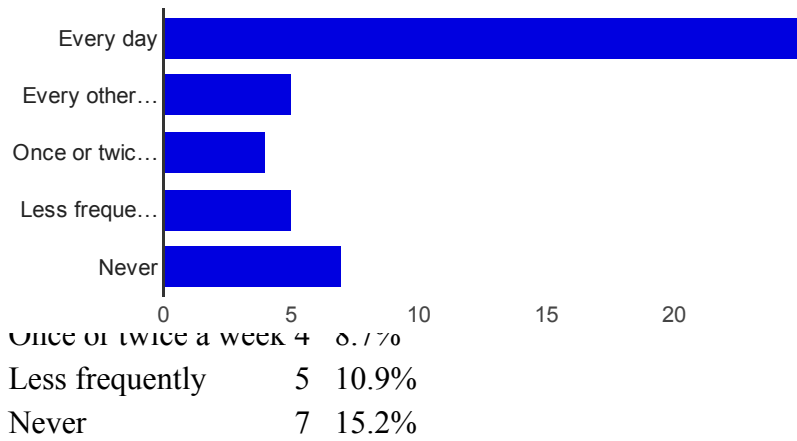
c) Fruit [10. How often do you eat the following at home?]



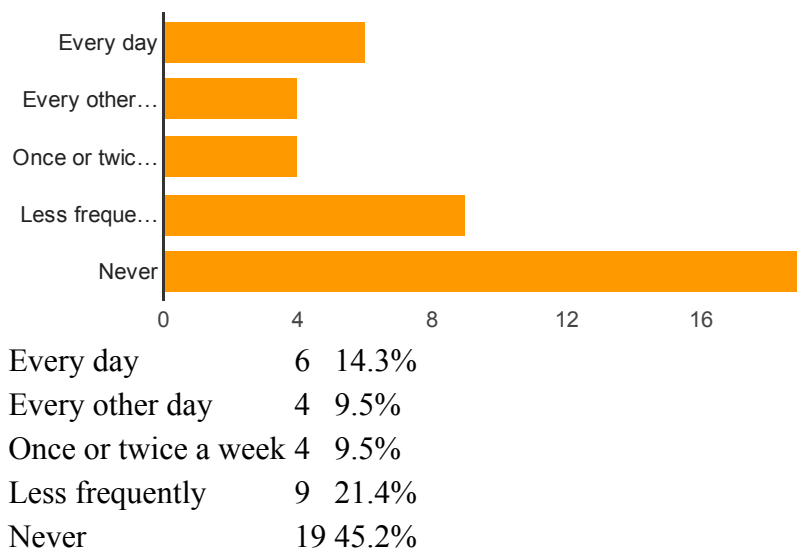
d) Ready-made meals (frozen pizza, instant porridge, instant roux, bouillon cubes, ready-made meals, etc.) [10. How often do you eat the following at home?]



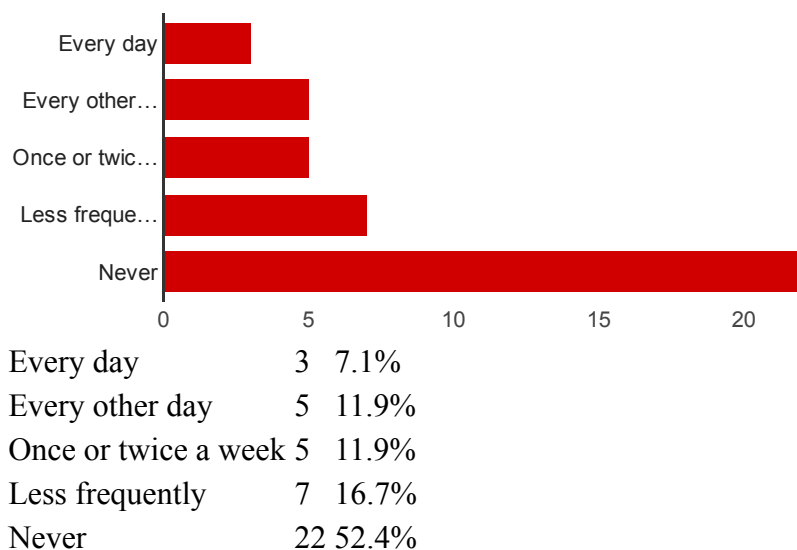
a) ...at home. [11. How often do you eat breakfast per week?]



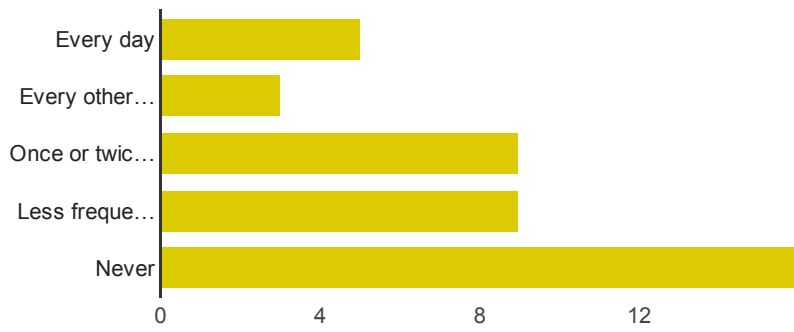
b) ...on the way to school at a grocer shop/supermarket or convenience store. [11. How often do you eat breakfast per week?]



c) ...on the way to school at a fast food outlet. [11. How often do you eat breakfast per week?]

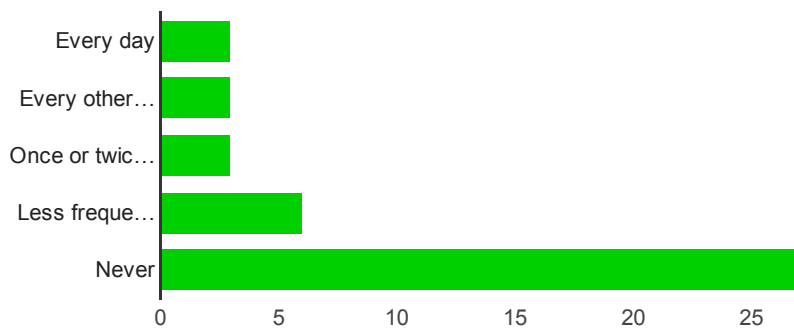


d) ...purchased at school (tuckshop/vending machine). [11. How often do you eat breakfast per week?]



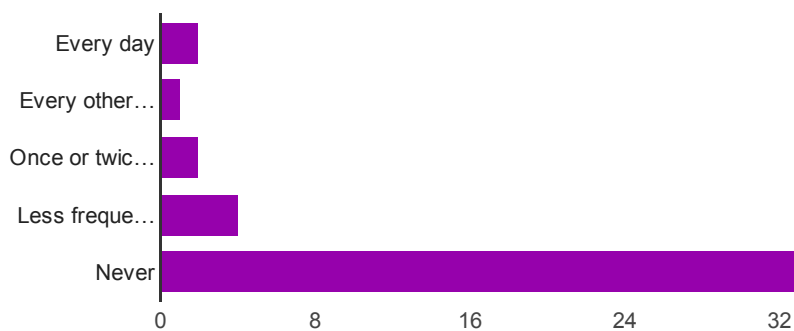
Every day	5	11.9%
Every other day	3	7.1%
Once or twice a week	9	21.4%
Less frequently	9	21.4%
Never	16	38.1%

e) ...prepared at the canteen. [11. How often do you eat breakfast per week?]



Every day	3	7.1%
Every other day	3	7.1%
Once or twice a week	3	7.1%
Less frequently	6	14.3%
Never	27	64.3%

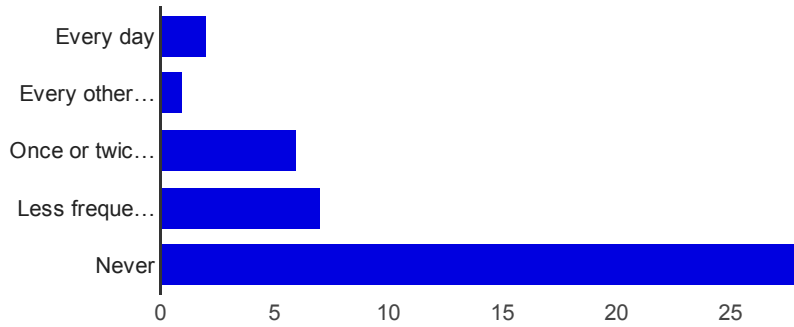
f) ...provided by a breakfast club at school. [11. How often do you eat breakfast per week?]



Every day	2	4.8%
Every other day	1	2.4%
Once or twice a week	2	4.8%

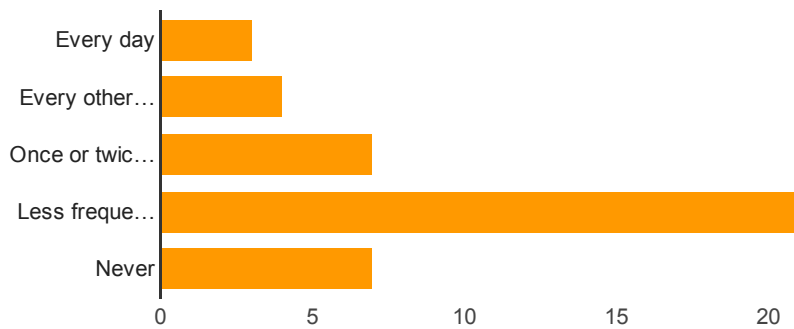
Less frequently	4	9.5%
Never	33	78.6%

a) alone? [12. How often do you go to fast food outlets?]



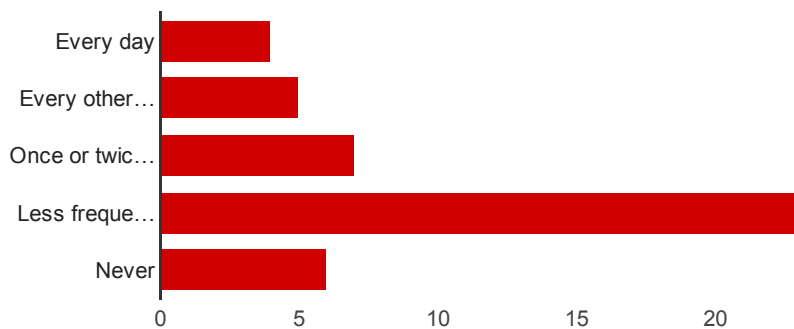
Every day	2	4.5%
Every other day	1	2.3%
Once or twice a week	6	13.6%
Less frequently	7	15.9%
Never	28	63.6%

b) with friends? [12. How often do you go to fast food outlets?]



Every day	3	7.1%
Every other day	4	9.5%
Once or twice a week	7	16.7%
Less frequently	21	50%
Never	7	16.7%

c) with parents? [12. How often do you go to fast food outlets?]



Every day	4	8.9%
Every other day	5	11.1%

Once or twice a week	7	15.6%
Less frequently	23	51.1%
Never	6	13.3%

13. Do you know how to cook anything?



Yes 40 87%

No 8 17.4%

b) If yes, what?

pizza

pasta

A lot of things

quiche, pasta, jacket potatoes.

pasta cakes pies salmon omlets pancakes

quiche, pizza, pasta.

pasta, meat dishes, salads etc

Pasta, Salads, Eggs

a toasted sandwich

i know how to cook pancakes

saled or chicken

pasta and plain cupcakes.

pizza, pasta, cookies, cakes, noodles

salmon pasta veg chicken

apple pie

Pasta

chicken , rice , cakes and desserts ,soup , chips , burgers , etc

scrambled eggs and the spaghetti red sauce

Fry eggs and Bacon

bangers and mash, spaghetti ...

peas sweetcorn ect

baked pasta

Salad

eggs, becon

English breakfast, ravioli, noodles, home made chicken soup, pasta with meat sauce, potatoes in jackets,

boiled vegetables, salads

frying an egg

Pasta

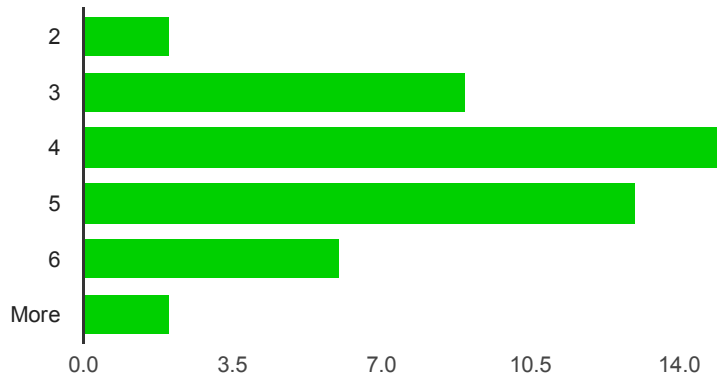
bURGERS AND PIZZA

Noodles chips sausages pasta cakes

Pasta, meat, wraps, pizza, english breakfast :)

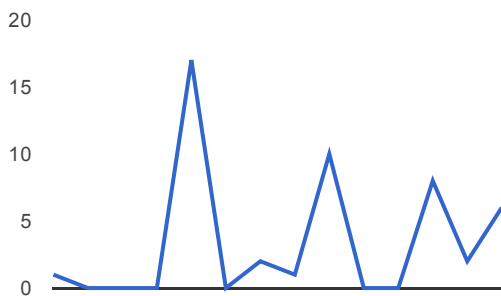
Just boiled egg and fried egg +toast

14. How many members are in your family?



6 6 13%
 More 2 4.3%

Number of daily responses



Date	Count
December 1, 2016	1
December 5, 2016	17
December 7, 2016	2
December 8, 2016	1
December 9, 2016	10
December 12, 2016	8
December 13, 2016	2
December 14, 2016	6